

# A Day in the Life of a Central Oaks Virtual Elementary Student Monday–Thursday

Sample schedule for the day (times and activities vary by student)

7:30-8:00 - Student wakes up for the day, eats a healthy breakfast, and prepares for the day.

8:00-8:20 - Logs into classroom for a check-in with class and teacher on daily expectations

8:20-8:45 - With parental support logs into online learning platform to complete Language Arts

8:45-9:00 - Optional travel to school

9:00-10:00 - Writer's workshop in person at Central Oaks Academy

10:00-10:15 - Returns home

10:15-12:00 - With parental support logs into online learning platform and completes Math and Social Studies

12:00-12:30 - Lunch

12:30-1:00 - Recess: Movement Break

1:00- 2:00 - With parental support logs into online learning platform to complete Science

2:00-3:00 - Meet via zoom 1-1 with Teacher/Interventionist

3:00-5 - Heads to sport practice, music or art lessons