



## May & June - River Cities Lunch Menu

All Meals Offer 8oz Serving of Milk - Choices Include - 1%, Skim, Skim Chocolate

Menu Items Subject To Change

Cold Meat And Ham Items are Made with Turkey Meat

### LUNCH IS FREE FOR RCHS FOR THE 2023-2024 SCHOOL YEAR


### Daily Lunch Prices

Adult - \$4.65

Child Visitor - \$3.00

Extra Milk - \$0.45

WG = Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p><b>1</b>  <b>Baked Potato Bar</b>            Diced Ham / Cheese            Steamed Broccoli            Homemade Dinner Roll</p> <p><b>Grilled Chicken Sandwich</b>  <b>Cheeseburger</b></p>	<p><b>2</b>  <b>Brunch for Lunch</b>            Egg &amp; Cheese Omelet            French Toast Bake            Hashbrowns</p> <p><b>Chicken Tender Sub w/ pepperjack</b>  <b>Chef Salad</b></p>	<p><b>3</b>  <b>Mandarin Chicken</b>            Brown Rice            Steamed Carrots            Homemade Dinner Roll</p> <p><b>Grilled Chicken Sandwich</b>  <b>Pizza Variety</b></p>
<p><b>6</b>  <b>Korean Beef Tacos</b>            Rice Pilaf            Sweet Potato Fries</p> <p><b>Grilled Chicken Sandwich</b>  <b>Cheeseburger</b></p>	<p><b>7</b>  <b>Tuscan Grilled Cheese</b>            Tomato Soup            Romaine/Spinach Salad            w/ Tomatoes</p> <p><b>Hamburger</b>  <b>Breaded Chicken Sandwich</b></p>	<p><b>8</b>  <b>Cheese Quesadilla</b>            Salsa / Sour Cream            Refried Beans</p> <p><b>Cheeseburger</b>  <b>Spicy Chicken Sandwich</b></p>	<p><b>9</b>  <b>Portesi Cheese Fries</b>            Pizza Sauce            Oven Roasted Potatoes</p> <p><b>Cheeseburger</b>  <b>Chef Salad</b></p>	<p><b>10</b>  <b>General Tso Chicken</b>            Brown Rice            Homemade Dinner Roll</p> <p><b>Hot Ham &amp; Cheese</b>  <b>BBQ Rib Patty</b>  <b>Pizza Variety</b></p>
<p><b>13</b>  <b>BBQ Pulled Pork Sandwich</b>            Baked Beans            Coleslaw</p> <p><b>Hamburger</b>  <b>Hot Ham &amp; Swiss</b></p>	<p><b>14</b>  <b>Vegetable Alfredo</b>            Lentil Penne            Homemade Dinner Roll            Sweet Potato Fries</p> <p><b>Cheeseburger</b>  <b>Breaded Chicken Sandwich</b></p>	<p><b>15</b>  <b>Chili &amp; Tater Tots</b>            Homemade Dinner Roll</p> <p><b>Hamburger</b>  <b>Spicy Chicken Sandwich</b></p>	<p><b>16</b>  <b>Chicken Parmesan</b>            WG Spaghetti</p> <p><b>Chef Salad</b>  <b>Honey Mustard Chicken Sandwich</b></p>	<p><b>17</b>  <b>Walking Taco</b>            Refried Beans / Salsa            Homemade Dinner Roll</p> <p><b>Hamburger</b>  <b>Fish Sandwich</b>  <b>Pizza Variety</b></p>
<p><b>20</b>  <b>Teriyaki Chicken</b>            Brown Rice            Homemade Dinner Roll            Asian Blend Vegetables</p> <p><b>Hamburger</b>  <b>Chicken Sandwich</b></p>	<p><b>21</b>  <b>Soft Shell Pork Taco</b>            Refried Beans / Salsa</p> <p><b>Honey BBQ Beef Rib Patty</b>  <b>Spicy Breaded Chicken Sandwich</b></p>	<p><b>22</b>  <b>Popcorn Chicken Bowl</b>            Mashed Potatoes &amp; Gravy            Homemade Dinner Roll            Corn</p> <p><b>Hot Ham &amp; Cheese Sandwich</b>  <b>Breaded Chicken Sandwich</b></p>	<p><b>23</b>  <b>Italian Meatsauce</b>            Breadstick            Spaghetti            Steamed Broccoli</p> <p><b>Cheeseburger</b>  <b>Grilled Chicken Sandwich</b></p>	<p><b>24</b>  <b>Chicken Quesadilla</b>            Refried Beans            Fresh Salsa</p> <p><b>Chef Salad</b>  <b>Hamburger</b></p>
<p><b>27</b>  <b>No School</b>  <b>Memorial Day</b></p>	<p><b>28</b>  <b>Baked Chicken Enchiladas</b>            Taco Chips / Salsa            Refried Beans            Fresh Tomatoes</p> <p><b>Hamburger</b>  <b>Spicy Breaded Chicken Sandwich</b></p>	<p><b>29</b>  <b>Homemade Meatloaf &amp; Gravy</b>            Mashed Potatoes            Steamed Carrots            Homemade Dinner Roll</p> <p><b>Hamburger</b>  <b>Spicy Breaded Chicken Sandwich</b></p>	<p><b>30</b>  <b>Homemade Macaroni &amp; Cheese</b>            Homemade Dinner Roll            Steamed Broccoli</p> <p><b>Chicken Tender Sub</b>  <b>Chef Salad</b></p>	<p><b>31</b>  <b>Homemade Lasagna</b>            Homemade Dinner Roll            Steamed Cauliflower</p> <p><b>Hot Ham &amp; Swiss Sandwich</b>  <b>Hamburger</b>  <b>Pizza Variety</b></p>
<p><b>June 3</b>  <b>Swedish Meatballs</b>            Egg Noodles            Homemade Dinner Roll            Steamed Vegetable Variety</p> <p><b>Hot Ham &amp; Cheese Sandwich</b>  <b>Cheeseburger</b></p>	<p><b>Last Day of School!</b></p> <p><b>June 4</b>  <b>Pork Nachos w/ Queso</b>            Refried Beans / Salsa            Corn Muffin</p> <p><b>Hamburger</b>  <b>Breaded Chicken Sandwich</b></p>	 <h1>Have a great summer!</h1> 