



April 2024 - River Cities Lunch Menu

All Meals Offer 8oz Serving of Milk - Choices Include - 1%, Skim, Skim Chocolate

Menu Items Subject To Change

Cold Meat And Ham Items are Made with Turkey Meat

LUNCH IS FREE FOR RCHS FOR THE 2023-2024 SCHOOL YEAR

Daily Lunch Prices

Adult - \$4.65

Child Visitor - \$3.00

Extra Milk - \$0.45

WG = Whole Grain

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Crispy Fish Tacos Fresh Salsa / Sour Cream Lime Sriracha Sauce Grilled Chicken Sandwich Cheeseburger	2 Tuscan Grilled Cheese Tomato Soup Romaine/Spinach Salad w/ Tomatoes Hamburger Breaded Chicken Sandwich	3 Cheese Quesadilla Salsa / Sour Cream Refried Beans Cheeseburger Spicy Chicken Sandwich	4 Portesi Cheese Fries Pizza Sauce Oven Roasted Potatoes Cheeseburger Chef Salad	5 General Tso Chicken Brown Rice Homemade Dinner Roll Hot Dog Hot Ham & Cheese Pizza Variety
8 Homemade Vegetable Quesadilla Fresh Carrots Hamburger Hot Ham & Swiss	9 Vegetable Alfredo Lentil Penne Homemade Dinner Roll Sweet Potato Fries Cheeseburger Breaded Chicken Sandwich	10 Chili Tater Tots Homemade Dinner Roll Hamburger Spicy Chicken Sandwich	11 Chicken Parmesan WG Spaghetti Chef Salad Honey Mustard Chicken Sandwich	12 Walking Taco Refried Beans / Salsa Homemade Dinner Roll Hamburger Fish Sandwich Pizza Variety
15 Teriyaki Chicken Brown Rice Homemade Dinner Roll Asian Blend Vegetables Hamburger Chicken Sandwich	16 Soft Shell Pork Taco Refried Beans / Salsa Honey BBQ Beef Rib Patty Spicy Breaded Chicken Sandwich	17 Popcorn Chicken Bowl Mashed Potatoes & Gravy Homemade Dinner Roll Corn Hot Ham & Cheese Sandwich Breaded Chicken Sandwich	18 Italian Meatsauce Breadstick Spaghetti Cheeseburger Grilled Chicken Sandwich	19 No School Professional Development Day
22 Orange Chicken Brown Rice Asian Blend Vegetables Homemade Dinner Roll Cheeseburger Breaded Chicken Sandwich	23 Baked Chicken Enchilada Taco Chips / Salsa Refried Beans Fresh Tomatoes Hamburger Spicy Breaded Chicken Sandwich	24 Homemade Meatloaf & Gravy Mashed Potatoes Steamed Carrots Homemade Dinner Roll Hamburger Spicy Breaded Chicken Sandwich	25 Homemade Macaroni & Cheese Homemade Dinner Roll Steamed Broccoli Chicken Tender Sub Chef Salad	26 Homemade Lasagna Homemade Dinner Roll Steamed Cauliflower Hot Ham & Swiss Sandwich Hamburger Pizza Variety
29 Swedish Meatballs Egg Noodles Homemade Dinner Roll Steamed Vegetable Variety Hot Ham & Cheese Sandwich Cheeseburger	30 Pork Carnitas Nachos w/ Queso Refried Beans / Salsa Corn Muffin Hamburger Breaded Chicken Sandwich			