



# WISCONSIN RAPIDS SCHOOL NUTRITION

Real food for Rapids kids

# MAY & JUNE

## LUNCH MENU ELEMENTARY

\*DAILY ENTREE INCLUDES A CHOICE OF OPTION 1 OR OPTION 2

\*ALL BREAD/GRAINS OFFERED ARE WHOLE GRAIN RICH



**W 1**  
CHEESE RAVIOLI  
BREADSTICK  
OR  
GRILLED CHICKEN PATTY  
ON BUN

**TH 2**  
CHEESE OMELET  
OR  
YOGURT & STRING CHEESE  
  
French Toast Bake  
Deli Roaster Potatoes

**F 3** **SCHOOL LUNCH HERO DAY**  
WENZEL'S FARM BEEF  
& PORK HOT DOG ON BUN  
OR  
CHEF SALAD WITH HAM  
HOMEMADE ROLL  
Strawberry Banana Smoothie Pop

**M 6**  
BREADED CHICKEN PATTY  
ON BUN  
OR  
BEEF TACO QUESADILLAS  
SALSA

**T 7**  
WHOLE GRAIN TOASTED  
CHEESE SANDWICH  
OR  
TURKEY SANDWICH  
  
Tomato Soup  
Saltine Crackers

**W 8**  
TURKEY IN GRAVY  
OR  
CRUNCHY FISH STICKS  
  
Homemade Roll  
Mashed Potatoes  
Steamed Broccoli

**TH 9**  
PORTESI CHEESE FRIES  
PIZZA SAUCE  
OR  
BREAKFAST POWER PACK

**F 10**  
HOT HAM & CHEESE  
ON PRETZEL BUN  
OR  
COOK'S CHOICE

**M 13**  
CHEESE FILLED BREADSTICKS  
PIZZA SAUCE  
OR  
CHICKEN DRUMSTICK  
HOMEMADE ROLL

**T 14**  
TURKEY HOT DOG ON BUN  
OR  
BBQ SHREDDED PORK  
ON BUN  
  
Seasoned Potato Wedges

**W 15**  
HOMEMADE CHILI  
SALTINE CRACKERS  
OR  
YOGURT & STRING CHEESE  
  
Rotini Noodles

**TH 16**  
POPCORN CHICKEN  
BREADSTICK  
OR  
TURKEY SANDWICH

**F 17**  
CHEESEBURGER  
OR  
BREADED FISH PATTY  
ON BUN  
  
Vegetarian Baked Beans  
Pickles

**M 20**  
CHICKEN NUGGETS  
HOMEMADE ROLL  
OR  
PIZZABLE  
  
Sweet Potato Fries

**T 21**  
SOFT SHELL PORK TACO  
OR  
CHEESE QUESADILLA  
  
Shredded Lettuce  
Diced Tomatoes  
Salsa

**W 22**  
MANDARIN CHICKEN  
OR  
CRUNCHY FISH STICKS  
  
Brown Rice

**TH 23**  
ITALIAN MEAT SAUCE  
SPAGHETTI  
BREADSTICK  
OR  
TURKEY & CHEESE WRAP

**F 24**  
CHEESE OR PEPPERONI PIZZA  
OR  
COOK'S CHOICE

**M 27**  
NO SCHOOL  
MEMORIAL DAY

**T 28**  
PORK NACHOS  
OR  
HOMEMADE BEAN &  
CHEESE BURRITO  
  
Spanish Rice  
Salsa  
Lettuce / Tomatoes

**W 29**  
CHEESE QUESADILLA  
OR  
CHICKEN FAJITA  
  
Shredded Lettuce  
Salsa

**TH 30**  
MACARONI & CHEESE  
HOMEMADE ROLL  
OR  
TURKEY BURGER

**F 31**  
HAMBURGER  
OR  
COOK'S CHOICE  
Taco Chips / Salsa  
Pickles

**M June 3**  
CHICKEN STRIPS  
OR  
COOK'S CHOICE

**T June 4**  
TURKEY HOT DOG ON BUN  
OR  
COOK'S CHOICE  
  
Chocolate Chip Cookie



**MILK, FRESH FRUIT + VEGETABLES OFFERED DAILY**

**KNOW YOUR FOOD**  
VEGETARIAN  
FARM TO SCHOOL  
HARVEST OF THE MONTH

**LUNCH PRICES** FREE: NO CHARGE  
PAID: \$2.15 REDUCED: \$0.40  
A LA CARTE MILK: \$0.45  
ADULT: \$4.65 CHILD VISITOR: \$3.00

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**REAL FOOD FOR RAPIDS KIDS**

MENU ITEMS SUBJECT TO CHANGE