

MAY/JUNE

BREAKFAST MENU



GRANT. THINK ACADEMY & WOODSIDE



As summer approaches, kids often become more restless and distracted at school. To make sure that their last weeks of school are productive, students should begin the day with a nutritious breakfast.

Studies show a good breakfast makes kids more alert, less distractible, and better behaved in school; it can even improve their test scores!

TH

WHOLE GRAIN **MUFFIN YOGURT**

CHEESE OMELET WHOLE GRAIN TOAST

M

13

M

7

14

8

15

M

ZEE ZEES BAR CHEESE STICK

CHERRY BAR

CHEESE STICK

HOMEMADE CINNAMON COFFEE CAKE YOGURT

BREAKFAST PIZZA

HOMEMADE GRANOLA YOGURT

EGG + CHEESE BREAKFAST BURRITO

M

12

EGG. CHEESE & POTATO

BREAKFAST BOWL W/BISCUIT

BAGEL WITH CREAM CHEESE STRING CHEESE TH

WHOLE GRAIN MUFFIN YOGURT

BREAKFAST PIZZA

16

23

30

M

19

ZEE ZEES BAR CHEESE STICK

NO SCHOOL

ZEE ZEES BAR

CHEESE STICK

20

BISCUIT + SAUSAGE BREAKFAST SANDWICH

W

W

BREAKFAST

PIZZA

21

TH

HOMEMADE GRANOLA YOGURT

22

EGG + CHEESE BREAKFAST BURRITO

M

26

IT

27

EGG + CHEESE BREAKFAST SANDWICH

w

28 **BAGEL WITH**

CREAM CHEESE STRING CHEESE TH

WHOLE GRAIN MUFFIN

YOGURT

29

CHEESE OMELET WHOLE GRAIN

TOAST

M

2

BREAKFAST PIZZA

3

WHOLE GRAIN MUFFIN YOGURT

TH

COLD CEREAL STRING CHEESE



SELECTION OF MILK & FRUIT OFFERED DAILY



PAID: \$1.75

FREE & REDUCED: NO CHARGE ADULT: \$2.60 CHILD VISITOR: \$2.00

MENU ITEMS SUBJECT TO CHANGE This institution is an equal opportunity provider.



FOLLOW US @WRSCHOOLNUTRITION WRPS.ORG/FOODSERVICE

REAL FOOD FOR RAPIDS KIDS