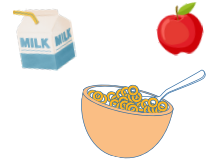
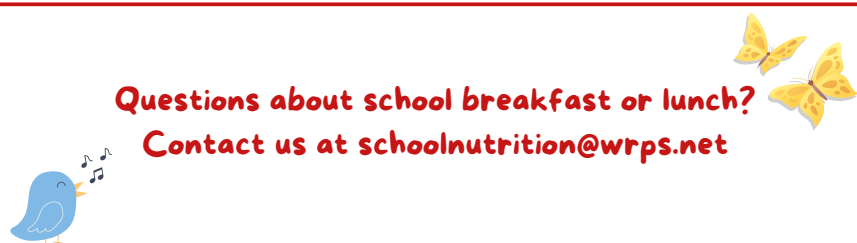


Starting the day with a healthy school breakfast is a simple way to help kids get the nutrition they need to learn, grow, and be healthy.

To learn more about the benefits of breakfast, check out this video from USDA's Team Nutrition: <https://www.fns.usda.gov/tn/kids-are-stronger-school-breakfast>.



M 1 COLD CEREAL CHEESE STICK	T 2 EGG + CHEESE BREAKFAST SANDWICH	W 3 BAGEL W/ CREAM CHEESE CHEESE STICK	TH 4 HOMEMADE GRANOLA YOGURT	F 5 EGG + CHEESE BREAKFAST BURRITO
M 8 COLD CEREAL CHEESE STICK	T 9 HOMEMADE CINNAMON COFFEE CAKE YOGURT	W 10 BREAKFAST PIZZA	TH 11 WHOLE GRAIN MUFFIN YOGURT	F 12 CHEESE OMELET WHOLE GRAIN TOAST
M 15 COLD CEREAL CHEESE STICK	T 16 EGG, CHEESE & POTATO BREAKFAST BOWL W/ WG BISCUIT	W 17 BAGEL W/ CREAM CHEESE CHEESE STICK	TH 18 HOMEMADE GRANOLA YOGURT	F 19 NO SCHOOL PROFESSIONAL DEVELOPMENT DAY
M 22 COLD CEREAL CHEESE STICK	T 23 EGG + CHEESE BREAKFAST SANDWICH	W 24 BREAKFAST PIZZA	TH 25 WHOLE GRAIN MUFFIN YOGURT	F 26 CHEESE OMELET WHOLE GRAIN TOAST
M 29 COLD CEREAL CHEESE STICK	T 30 BISCUIT & SAUSAGE BREAKFAST SANDWICH	<p>Questions about school breakfast or lunch? Contact us at schoolnutrition@wrps.net</p> 		

SELECTION OF MILK & FRUIT OFFERED DAILY

BREAKFAST PRICES

PAID: \$1.50

FREE & REDUCED: NO CHARGE

ADULT: \$2.60 **CHILD VISITOR:** \$2.00

MENU ITEMS SUBJECT TO CHANGE



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REAL FOOD FOR RAPIDS KIDS