



BREAKFAST MENU



GROVE, HOWE, MEAD AND WASHINGTON



As summer approaches, kids often become more restless and distracted at school. To make sure that their last weeks of school are productive, students should begin the day with a nutritious breakfast.

Studies show a good breakfast makes kids more alert, less distractible, and better behaved in school; it can even improve their test scores!

TH

WHOLE GRAIN **MUFFIN YOGURT**

COLD CEREAL CHEESE STICK

M

13

M

7

14

21

8

15

M

ZEE ZEES BAR CHEESE STICK

CHERRY BAR

CHEESE STICK

HOMEMADE CINNAMON COFFEE CAKE YOGURT

BREAKFAST PIZZA

HOMEMADE GRANOLA YOGURT

EGG + CHEESE BREAKFAST BURRITO

M

12

EGG. CHEESE & POTATO BREAKFAST

W

BAGEL WITH CREAM CHEESE STRING CHEESE TH

WHOLE GRAIN MUFFIN YOGURT

16

BREAKFAST PIZZA

M

19

ZEE ZEES BAR CHEESE STICK 20

BOWL W/BISCUIT

BISCUIT + SAUSAGE BREAKFAST SANDWICH

W

BREAKFAST

PIZZA

TH

HOMEMADE GRANOLA

YOGURT

22

23

EGG + CHEESE BREAKFAST BURRITO

M

26

lΤ

27

3

w

28

TH

29

30

NO SCHOOL

ZEE ZEES BAR

CHEESE STICK

EGG + CHEESE BREAKFAST SANDWICH

BREAKFAST

PIZZA

BAGEL WITH CREAM CHEESE STRING CHEESE

WHOLE GRAIN MUFFIN YOGURT

COLD CEREAL CHEESE STICK

M

2

YOGURT

WHOLE GRAIN MUFFIN

TH

COLD CEREAL STRING CHEESE



SELECTION OF MILK & FRUIT OFFERED DAILY



PAID: \$1.75

FREE & REDUCED: NO CHARGE ADULT: \$2.60 CHILD VISITOR: \$2.00

MENU ITEMS SUBJECT TO CHANGE This institution is an equal opportunity provider.



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REAL FOOD FOR RAPIDS KIDS