

510 Peach Street Wisconsin Rapids, WI 54494

November, 2023

Dear WRPS Families,

Supporting students, their families, and our staff members' mental health continues to be a priority for Wisconsin Rapids Public Schools. WRPS has several available resources to meet these needs.

The District has continued our partnership which we began last year with Care Solace to provide students, their families, and staff access to mental health care coordination services at no cost. WRPS and Care Solace continue to focus on removing barriers in accessing mental health care. Care Solace streamlines communication and coordination to connect individuals with the right resources and appropriate level of



care. Individuals seeking mental health care now have a trusted companion to rely on. With a team of more than 500 dedicated Care Companions, Care Solace connects stakeholders within WRPS to licensed mental health and substance use treatment providers. Through a human-centered and technology supported approach, these Care Companions navigate the mental health care system on behalf of individuals, helping them find the perfect fit for their unique needs and insurance requirements. These multilingual Care Companions are available 24/7/365 ensuring inclusivity and accessibility for the entire school community. It is important to note that this service is an optional resource, available at your discretion, and is not mandatory. Care Solace is not an emergency response service or a direct mental health service provider. In the case of a life-threatening emergency, please call 9-1-1 or the National Suicide Hotline at 9-8-8. To learn more about Care Solace and its services, visit caresolace.org.

Students, staff, and families may access Care Solace services in two ways:

- Call (888) 515-0595 at any time. Support is available in 200+ languages. A dedicated Care Companion<sup>™</sup> will help you every step of the way to research options, secure appointments, and follow up to make sure it is a good fit.
- 2) For an anonymous search, answer a few questions to get matched with an extensive list of care providers at <u>caresolace.org</u>.

Another resource available is Gaggle Therapy. Since the start of the 2021-2022 school year, WRPS has contracted with Gaggle Therapy to provide therapy services to students as a way to address the local counselor shortage. Gaggle Therapy provides secure video platform-based mental health and support services to students, facilitated by licensed therapists and counselors who are experienced in working with children and teenagers. With parental consent, students participate in 45-minute weekly video therapy sessions. All FERPA and HIPAA guidelines are adhered to, and there are no costs for families or parents. For more information, please reach out to your child's school counselor.

Additionally, WRPS has partnered with several local agencies to provide in person individual and/or small group support. These supports are available in many of our schools. Please reach out to your child's school counselor to learn more about what is offered at school.

If you or a family member is seeking counseling-related services, please consider reaching out to Care Solace assistance or to your child's school counselor. These resources are provided to you by the District, and I am available to answer any questions you may have. You can contact me via email at steven.hepp@wrps.net or by phone at 715-424-6724.

Sincerely,

Steven Hepp Director of Pupil Services