#### I can't afford a cell phone.

#### enTouch Wireless

Contact United Way's 2-1-1 to find out where to apply Free wireless cell phones available to eligible individuals.

## I would like to learn new job skills or find a job.

#### Job Center, 715-422-5000

www.jobcenterofwisconsin.com, www.dwd.wisconsin.gov Local and statewide job openings, resumes and cover letters, state and federal civil service internet sites, job search techniques, etc.

#### **Division of Vocational Rehabilitation**

715-422-5050, 1-800-228-1903, www.dwd.wisconsin.gov/dvr A service for individuals with disabilities to obtain, maintain or improve employment.

#### Mid-State Technical College

#### 715-422-5300, 1-888-575-MSTC, www.mstc.edu

Higher education provider of associate degrees, technical diplomas, and certificates in a wide variety of in-demand fields.

#### I need credit counseling to help me balance my budget.

# Wood County UW-Extension Wallet Wise in Wood Co.

715-421-8437, www.wood.uwex.edu

Helps residents acquire knowledge and resources; then evaluate and apply positive financial decisions to develop financial security.

# Catholic Charities St. Lawrence Community Services 715-849-3311

Provides help with debt problems. Also provides bankruptcy & foreclosure counseling, and home buyer education.

#### I need counseling.

## **Wood County Human Services**

715-421-8840

Mental health, alcohol/drug abuse services for Wood Co. residents.

#### **Calvary Counseling Ministries**

715-423-7190, office@calvaryrapids.org

Offers scripture based counseling. Counseling based upon the Bible.

#### **Compass Counseling**

715-712-1523. www.compasscounsels.com

Offers counseling for children and adults. Accepts BadgerCare.

#### Fresh Canvas

715-323-3718, www.myfreshcanvas.com

Provides services to individuals who cannot afford counseling.

#### I think we are in a crisis situation.

# Wood County Crisis Intervention - Human Services 715-421-2345 Crisis Line

Crisis phone services available 24/7.

# I want to get out of an abusive relationship; or I've been sexually assaulted.

#### The Family Center, Inc.

#### 24 Hour Crisis Line 715-421-1511, www.familyctr.org

Services to assist individuals and families experiencing domestic or sexual violence, including safety planning, individual and group counseling, advocacy services and safe shelter. Services are free and confidential.

# What resources are there for aging and disabled individuals?

# Aging and Disability Resource Center of Central Wisconsin

715-421-0014

Serves adults 60+ and individuals with disabilities (physical, developmental, mental) who are over 18 years. Promotes choice and independence through information, counseling, advocacy and access to services. Also serves families, caregivers and friends.

# I would like to volunteer. How do I get started?

United Way of Inner Wisconsin's Volunteer Center 715-421-0390

www.volunteerinnerwisc.org, www.uwiw.org/volunteer-center Volunteering looks great on job and college applications.

#### Where can I find a prescription discount card?

#### **United Way of Inner Wisconsin**

715-421-0390, www.uwiw.org/familywize

Cut this out and place in your wallet for immediate use. Or text "family" to 700700 to have information sent to you. Use as often as needed.

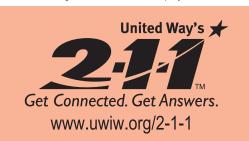


Inclusion or exclusion from this resource guide does not generate endorsement or objection to a program or agency by our organization.

Additional 2-1-1 materials are available, including posters and fact cards. If your business, church or organization would like to distribute 2-1-1 materials, call 2-1-1 or visit uwiw.org/2-1-1

# HELP GUIDE FOR SOUTH WOOD COUNTY

This guide is a collaborative project of:



United Way of Inner Wisconsin



351 Oak Street, Wisconsin Rapids, WI 54494 p. 715.421.0390; f. 715.421.3740 www.uwiw.org

incourage www.incouragecf.org

# What number do | call if | don't see the information I need here?

United Way's 2-1-1

On your phone, dial 2-1-1or 1-877-947-2211

www.uwiw.org/2-1-1

Information and referral program that maintains a database of community resources and connects callers with questions to the proper services/organizations. Free and confidential; available 24/7.

#### **How do I apply for Unemployment?**

#### **Wisconsin Department of Workforce Development**

414-438-7700 or 608-232-0678 To file initial claim application 414-438-5395 or 608-261-9990 To file weekly claim certification 414-438-7713 or 608-232-0824 For information

https://my\_unemployment\_wisconsin\_gov/Claimant/Account/Logon www.dwd.wisconsin.gov

When filing a phone initial claim or speaking with a specialist from 7:45am - 4:30pm, call on assigned days based on your social security number: Mon. if last digit is 0-2; Tues. if last digit is 3-6; Wed. if last digit is 7-9. On Thurs, and Fri. lines are open to all callers.

#### I do not have access to health insurance.

#### **Northern Income Maintenance Consortium**

1-888-794-5722, www.access.wisconsin.gov

Badger Care Plus provides health insurance to: children under 19. adults 19-64 who are not receiving Medicare, pregnant women, parents/relatives caring for a child, foster parents, young adults leaving out-of-home care, farmers/self-employed parents, Eligibility is based on income. Wisconsin's Medicaid provides health care for 65+, blind or disabled with income and asset limits.

# Where can I locate subsidized housing or rental assistance?

#### **Housing Authority - Wisconsin Rapids** 715-423-7288

Provides subsidized housing at various locations for eligible low-income families, the elderly/50+, and/or handicapped persons in the Wisconsin Rapids area. Subsidized rental assistance is also available for eligible persons and families with low income.

#### **North Central Community Action Program** 715-424-2581

Emergency housing payment assistance.

## I can't afford to pay my utilities.

**Wood County Human Services** 

**Energy Assistance Program** 

715-421-8690 Outreach Information,

715-421-8659 Energy Crisis Line (leave a message)

www.homeenergyplus.wi.gov

Purchase or repair heating units, or assist with utility bills or bulk fuel.

#### Catholic Charities St. Lawrence Community Services 715-849-3311

www.cclse.org

Assists with utility bills. Income eligibility requirements. Applications online at www.cclse.org.

#### Is there a community meal site?

## The Neighborhood Table

715-422-1980 For information

www.theneighborhoodtable.org

A free meal for anyone in need. Dinners are 4:30 - 6:00pm every Thursday; and the last two Tuesdays of every month at United Methodist Church (441 Garfield St., Wisconsin Rapids). Take-out meals available on Thursdays by calling 715-422-1980 by noon on Thursday.

#### Aging and Disability Resource Center of Central Wisconsin - Senior Meal Sites

715-421-0014 For information & reservations

www.adrc-cw.com

Senior meal sites are Monday through Friday in Wisconsin Rapids; Tuesday and Thursday at the Nekoosa Community Center. Suggested contribution for those 60 and older: meal site \$3.50: Meals on Wheels \$4.25.

## Where can I go for food?

#### South Wood Emerging Pantry Shelf (SWEPS) 715-422-2050

Provides food for families and individuals in need. Applicants are screened for income. Hours are Monday, Wednesday, Thursday, and Friday 12:00 - 4:00pm; and Tuesday 4:00 - 7:00pm. SWEPS also has an infant pantry.

#### **Food Share - Northern Income Maintenance Consortium** 1-888-794-5722

www.access.wisconsin.gov

Determines eligibility for those people in need of financial assistance, such as Food Share (formerly called food stamps).

#### **WIC - Wood County Health Department** 715-421-8950

http://www.co.wood.wi.us/Departments/Health/WIC.aspx

Provides breastfeeding help, health screening, and food for pregnant/ breastfeeding women, infants and children up to age five.

# **Christian Life Fellowship**

715-887-3565

www.clfonline.org

The mission of the CLF food pantry is to provide a limited amount of food in a crisis situation. Open on Wednesdays from 6:30 - 8:00pm and Thursdays from 1:00pm - 3:00pm. Please call first.

#### Where can I go for clothing?

Career Closet

715-424-7544

Provides men, women and students in need of appropriate clothing for job interviews and new jobs at no cost. Call for an appointment.

#### The Caring Closet

715-424-6730 ext. 3174

Public/parochial staff (counselors/social workers) in south Wood County have access to clothing, school supplies, etc. Students needing these items should contact their counselor/social worker.

#### The Shepherd's Loft

715-421-5335

Provides free household items and clothing. Located at Baker Street Community Church. No screening process. Open Tues. and Fri. 9am - 12pm or by appointment.

#### I can't afford personal hygiene products.

#### **SWEPS Essentials Pantry**

715-422-2050

Free personal hygiene products. Located at SWEPS Food Pantry at 331 12th Ave. S., Wisconsin Rapids. Hours are Mon., Wed., Thur. and Fri. 12 - 4pm; and Tues. 4 - 7pm.

#### I need to find child care.

#### Childcaring, Inc.

715-423-4114, www.childcaring.org

Assists parents in their search for child care. Referrals to certified/ licensed child care, informational materials available, etc. A scholarship program helps low-income families pay for child care.

# Where can I get help with child care expenses?

#### **Northern Income Maintenance Consortium** 1-888-794-5722

www.access.wisconson.gov

Wisconsin Shares is Wisconsin's child care subsidy program that helps families pay for child care.

#### I'd like to improve my reading / English skills.

# **Central Wisconsin Literacy Council**

1-855-483-7229

www.centralwisconsinliteracv.org

English tutoring for speaking, reading and writing; plus math, computer and job skills.

#### **Mid-State Technical College** 715-422-5300 or 1-888-575-MSTC

www.mstc.edu

English Language Learner (ELL) classes help individuals learn English and skills needed in American culture and society.