# COVID-19 FAQ

**LINCOLN HIGH SCHOOL**

## Part 1: If Your Child is Sick...

1. **What are the symptoms of a possible COVID-19 infection that prevent my child from attending school?**

   Students who have **one** of the following:
   - Shortness of Breath/Difficulty Breathing
   - Loss of Taste or Smell
   - Cough

   Or.... if Students have **two or more** of the following:
   - Fatigue
   - Headache
   - Muscle/Body Aches
   - Sore Throat
   - Nausea
   - Vomiting
   - Diarrhea
   - Congestions/Runny Nose
   - Fever/Chills

2. **My child is sick, what do I do?**
   - **Do not send your child to school!**
   - Contact the attendance office (715-424-6765 or enter in Skyward Family Access) and provide a detailed description of the symptoms your child is exhibiting.
   - School personnel will be in contact with you about returning to school.
   - Review this document from the Wood County Health Department:
     - [Wood County Information for Symptomatic Students](Wood County Information for Symptomatic Students)

3. **If my child has been sick, when can they return to school?**
   - If your child has symptoms that are similar to that of COVID-19, they can come back to school by adhering to one of the following guidelines:
     - They have quarantined for 10 days and are symptom-free for 24 hours without fever-reducing medications.
     - They have a documented negative COVID-19 test and are symptom-free for 24 hours without fever-reducing medications.

4. **Can family members in the same household and close contacts of my child go to school or work, if one of my children is sick with COVID-19 symptoms?**
   - No, students who have a family member who has symptoms that are similar to that of COVID-19 are considered close contacts and must quarantine until one of the following:
     - The ill family member has a documented negative COVID-19 test.
     - 14 days have passed from their last close contact with the sick individual.

## Part 2: If Your Child is a Close Contact...

1. **How is my child considered a close contact?**
   - A close contact is defined as someone who has been physically within 6 feet of a symptomatic or COVID-19 positive person for more than 15 minutes in a 24 hour period.
   - The 15 minutes are counted cumulatively throughout a 24 hour period. For example, students spent 5 minutes walking together to class in the morning closer than 6 feet and 10 minutes chatting after school within 6 feet that would be considered a close contact.

2. **How was it determined that my child is a close contact?**
   ▹ Administrators and nurses will work with all applicable teachers, staff members, coaches, and the symptomatic/potential positive individual and their family to contact trace to determine the following:
      ▹ Contact tracing will be for the previous 48 hours prior to the onset of symptoms.
      ▹ If the positive case or potential positive case was within 6 feet of other individuals for 15 minutes or longer within a 24 hour time period.
   ▹ When necessary for tracing, school video footage may be reviewed when available.

3. **What does it mean to be quarantined?**
   ▹ Only leave the house if you need to see your doctor.
   ▹ Restrict your activities outside of your home. Do not go to school, sports, work, or hang out with friends/family.
   ▹ Additional Tips for Quarantine

4. **How long does my child need to quarantine?**
   ▹ 14 days from their last close contact with the sick individual or until the symptomatic individual produces documented negative test results.

5. **What does that mean for the other members of our household?**
   ▹ Family members of a close contact can continue activities as usual unless the close contact begins to show symptoms of COVID-19. Close contacts of close contacts do not need to quarantine.
   ▹ The quarantined individuals should be isolated in their homes with no contact with other family members.

6. **What do I do if my child begins to develop symptoms?**
   ▹ Contact your healthcare provider or COVID line:
      ▹ Aspirus Riverview Hospital and Clinics (1-844-568-0701) or (715-843-1454)
      ▹ Marshfield Clinic Health System (1-877-998-0880).
   ▹ Contact Lincoln High School Nurse (715-424-6750 x. 4008), so we can begin required contact tracing for your child.

7. **What happens if the person who had/has COVID-19 symptoms tests negative?**
   ▹ Once notified by the health department or school, your child can resume all normal activities.

8. **What happens if the person who had/has COVID-19 symptoms tests positive?**
   ▹ Your child will need to continue to quarantine until the date given by either the health department, school administration, or the school nurse.
   ▹ If your child develops symptoms they should be tested, and the school must be notified so contact tracing can begin.

9. **What happens if the person who had/has COVID-19 symptoms does not get tested?**
   ▹ A non-testing individual is considered "positive".
   ▹ Your child will need to continue to quarantine until the date given by either the health department, school administration, or the school nurse.
   ▹ If your child develops symptoms they should be tested, and the school must be notified so contact tracing can begin.

10. **Who do I contact if I have additional questions?**
   ▹ Ron Rasmussen, LHS Principal                715-424-6751 ext. 1
   ▹ Kelly Zywicki, LHS Associate Principal       715-424-6751 ext. 2
   ▹ Steve Thayer, LHS Associate Principal        715-424-6751 ext. 3
   ▹ Nic Sydorowicz, LHS Associate Principal      715-424-6751 ext. 4
   ▹ Trina Sydorowicz, LHS School Nurse           715-424-6750 ext. 4008