



Wisconsin Rapids Area Middle School  
Fall 2019 Sports & Start Dates

Students participating in interscholastic sports must have a current WIAA physical or alternate year card on file in the office to participate. All other required forms are done online in Skyward (concussion agreement, athletic code, emergency contact card and consent to treat).  
These may be completed online starting **August 1st.**

Schedules can be viewed by going to [www.wisconsinvalleyconference.org](http://www.wisconsinvalleyconference.org) or on the WRAMS athletic web page. **All schedules subject to change.**

**FOOTBALL**

7th & 8th Grade Tackle Football is (interscholastic):

**8th grade** -Wednesday, August 14th  
8:00-10:00 a.m. (equipment pick-up)

1st Practice Thursday, August 15th  
8:00-10:00 a.m.

**7th grade** -Friday, August 16th  
8:00-10:00 a.m. (equipment pick-up)

1st Practice Monday August 19th  
8:00-10:00 a.m.

**Report to WRAMS cafeteria to hand in paperwork**

6th Grade Flag Football (intramural)  
Monday, September 9th  
2:45 –4:00 p.m.  
WRAMS cafeteria



**GIRLS SWIMMING**

6th -8th Graders (interscholastic):  
Monday, August 19  
3:00 - 4:30 p.m.  
LHS Pool



**GIRLS TENNIS**

6th-8th Graders (interscholastic):  
Monday, August 19th  
2:45-4:15 p.m.  
WRAMS Tennis Courts



**BOYS SOCCER**

6th-8th Grade Boys (interscholastic)  
Monday, August 19th  
3:00-4:30 p.m.  
WRAMS Soccer Fields



**GIRLS VOLLEYBALL**

7th-8th grade (interscholastic)  
Tuesday, August 20th  
**8th grade**- 8:00-9:30 a.m.  
**7th grade**– 9:30-11:00 a.m.  
WRAMS gymnasium



6th Graders (intramural)  
Tuesday, September 10th  
2:45- 4:15 p.m.  
WRAMS gymnasium

**Boys and Girls Cross Country**

6-8th Graders (interscholastic)  
Monday, August 19th  
3:00-4:30 p.m.  
WRAMS

