Grove School January 2024 Newsletter Mrs. Tina Wallner, Principal



Office : 715-424-6769 Attendance Line: 715-424-6765

Follow us on Facebook: @GroveElementary @GroveNeighborhoodCommunity

Community Event Activities

Check out the areas events and activities

<u>Click</u> here for upcoming events at McMillian Library



Upcoming Events & Important Dates

Jan. 8- Late Start Monday Jan 15- No School -PD Day for Staff Jan. 17- Grove Swim Night (6-7:30 LHS) Jan. 22 - Late Start Monday Jan. 29 - Late Start Monday

Absences must be reported to the office!!

If your student is not well enough to come to school or will be missing school for any reason, please report their absence to the office through Skyward or call the attendance line.

If absences remain unreported, they will be marked unexcused.

If you are having difficulty with your child attending school or being on time, please call the school for assistance.

Visitors and Volunteers

All community members who wish to assist at school events, in the classroom, or go on a field trip must complete a background check

<u>Click here</u> to complete the application process. The deadline to complete the process is January 31st! Dear Families,

Happy New Year!

As we start 2024, we are working on a few healthy habits as a school family! We are starting with a SLEEP CHALLENGE for the next month. We hope you will all help us in meeting our sleep goals! Each week a different color sheet with a week long calendar will come home. Mark the days your child sleeps 10 or more hours and return the sheet to school on Friday or Monday. New sheets will be sent home on Fridays through the month of January.

We look forward to seeing many benefits of all of us getting a better amount of sleep. Grove staff will be doing their own challenge as well! Benefits include: health, academic, behavior, emotional, and social.

Please read the note from Nurse Mandy about the importance of sleep and look for the SLEEP CHALLENGE to come home Friday!

Look for another healthy habit challenge in February! 2024 is going to be filled with great things!

Mrs. Tina Wallner

As your plan for the spring, here are a few family opportunities to add to your calendar:

January 17- Grove Swim Night at LHS Feb. 27 - Student Showcase Night March 12 - Spring Concert- during the school day April 8- Solar Eclipse Event- during the school day

Winter Weather Updates





WRPS has 3 snow days built into our calendar. Any days beyond 3, will be remote learning days! Each student will have a green folder labeled "Snow Day" in their backpack.

Teachers will provide more detailed information as necessary!!

Thank you

Inclement Weather Procedure

The number one priority in every closure decision is the safety of our students, and what is in the best interest for all students. We do our best to make a school closure decision no later than 6:30 am.

Find out about school closure decisions by:

- Email, text, phone alerts (sign up for alerts through Family Access)
- Following the district Facebook page.
- Listening to local radio/TV stations
- Visiting <u>www.wrps.org</u>



Message from Nurse Mandy!!

Happy January! I hope everyone survived the winter break- happy, healthy and ready to rock the new year. Just a note that the Lion's Club will be starting vision screening at Grove soon. Please watch for permission slips coming home in January.

As a general rule of thumb, please keep your student home if they are not feeling well enough to attend. Students are required to remain home until fever-free (less than 100.4 degrees) without the use of medication as well as 24 hours after the last episode of vomit/diarrhea. Reducing the spread of germs is a great way to start the year off healthy and strong.

Another way to stay healthy is getting enough sleep. For our elementary students, that means 10-12 hours of sleep each night. For example, if your child wakes up for school at 7am, he or she should go to bed before 9pm. Good quality sleep can reduce the risk of heart problems, diabetes, and combat symptoms of ADHD. Sleep is the time that children's brain's recharge and retain information they have learned throughout the day. During deep non-REM sleep, important brain development hormones are released.

When children are getting enough sleep, moods and behavior are also improved. Sleep can also improve rationalization and working memory. Several studies have shown that children who have poor school behaviors are more likely to be sleep deprived. Sleep problems occur twice as often with children with poor behaviors than their peers. Parents that participated in these studies also reported a decrease in the number of days they were late for work when the children got adequate amounts of sleep.

Sometimes getting children to sleep can be the biggest battle in getting enough sleep. Setting a bedtime routine and sticking to it can help the brain learn when it is time to go to sleep. In just two weeks, a routine can show signs of improvement in length and quality of sleep. Some things that could be in a bedtime routine are taking a bath, brushing teeth, reading a book, journaling or meditating.

Stay happy, healthy and safe this winter!

Nurse Mandy

GROVE FAMILY SWIM NIGHT

Join us for our Grove Family swim night

When: Wednesday, Jan. 17, 2024 Time: 6:00pm-7:30pm Where: Lincoln High School Aquatic Center

Have fun splashing around with your family and friends.

Hope to see you there!!

Grove Spirit Day!

Student and Staff are encouraged to wear Grove attire on Fridays to celebrate Grove Spirit!

GYM Reminders

With this crazy weather we have been dealing with please make sure that your child has tennis shoes here at school so they can participate safely in gym

class



WINTER WEATHER

Winter weather is upon us, so please make sure to have your student dress appropriately. When the temperature or wind chill factor is between 0 F and -10 F students will play outside for no more than 10 mins. at a time. If the temperature or wind chill factor is -11 or below, students will not go outside at all.



Everyone must wear boots and snow pants when there is snow on the ground. Students who are not dress appropriately for the weather will still be required to go outside, but must stay on the cleared areas of the blacktop.

The school office has very limited supplies of hats and mittens, so please make sure your child(ren) brings their winter gear to school daily

Special Statement Regarding Sex Discrimination Under Title IX In compliance with the federal title IX statues and regulations set forth in Chapter 106 of Title 34 of the code of Federal Regulations, the District does not unlawfully discriminate on the basis of sex in any education program or activity that the District operates. Title IX's requirement not to discriminate in any education program or activity extends to cover, but is not limited to, District students, certain admissions processes, and District employment. Inquiries regarding how Title IX and the federal Title IX regulations apply to the District may be referred to the DIstrict's Title IX Coordinator (as designated below), to the Assistant Secretary for Civil Rights at the US Department of Education, or to both. Please refer to Board Policy 411.11 for additional information.

WRPS Title IX Coordinators Brian Oswall, Director of Human Resources 510 Peach St Wisconsin Rapids, WI 54494 P: 715-424-6710 E: brian.osall@wrps.net

Pupil Non-Discrimination Statement

The School District of Wisconsin Rapids is committed to equal education opportunity for all District students. The District will not deny any person admission to, participation in, or the benefits of any curricular, extra- curricular, pupil services, recreational or other program or activity because of a person's gender, race, national origin, ancestry, creed, religion, pregnancy, marital or parental status, sexual orientation, transgender status, gender identity, or physical, mental, emotional or learning disability, or any other characteristic protected under State or Federal civil rights laws. Please review board Policy 411 for additional information. Incidents of discrimination or harassment should be reported to a teacher, administrator, supervisor, or other District employee to be addressed or forwarded on to District Compliance Office Brian Oswall.



Wisconsin Rapids Lioness/Lions will be coming to our school in the near future. Watch form more information to come!

All school wide buddies Dec. 2023











Robot time in 2nd grade Math





Grove School Holiday Sing-a-Long